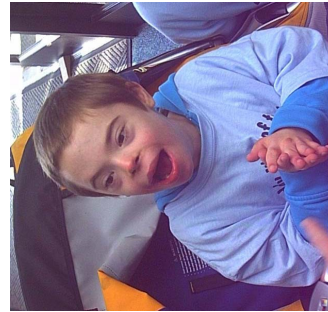


What is a Buddy Walk®?

The Buddy Walk® was developed in 1995 by the National Down Syndrome Society to promote acceptance and awareness of people with Down syndrome. Hundreds of walks take place around the United States each year.

People with Down syndrome and their friends, family, and fellow members of the community are encouraged to participate in the Buddy Walk® of the Berkshires. Look inside to find out more about this exciting event!



Volunteers

The Buddy Walk® is a great opportunity for people of all ages and abilities to contribute to the local community. All are welcome! Interested? Please contact Jessica Dennis at the information below:

Jessica Dennis
(413) 499-4241 Ext. 276
jdennis@bcarc.org

BCARC Down Syndrome Family
395 South Street
Pittsfield, MA 01201



2011



of the Berkshires

Dalton, MA October 1, 2011

10:00 a.m.— Registration at Craneville
Elementary School
11:00 a.m.— Walk begins
(approximately 1.5 miles)

After Walk Party at Pinegrove Park!

Free registration!

Available online at www.bcarc.org/dsfg

Berkshire County Arc Down Syndrome Family Group

The BCARC Down Syndrome Family Group was founded in 2006, and aims to support people with Down syndrome by fundraising, educating, building natural supports, and having fun! To reach these goals, the group meets on a monthly basis and holds awareness events such as the Buddy Walk® of the Berkshires and Sprout Film Festival. The group also sponsors speakers to educate the community about topics related to Down syndrome.

The group's strongest asset to the community is the natural supports and bonds that are created between families who have a child or an adult with Down syndrome. Social opportunities give families a chance to include siblings and extended family members in their support network. Family events include everything from pizza picnics to bowling parties!

The BCARC Down Syndrome Family Group is always looking for new members. If you or someone you know is interesting in joining, please call:

(413) 499-4241 Ext. 276



Make a Difference by Starting a Team !

Organize a team (family, co-workers, friends, etc.) to support Down syndrome awareness and the Buddy Walk®.

Together you can raise money and participate in the Walk. If you are interested in starting a team please use attached registration form. Printable forms are also located on our BCARC website: www.bcarc.org/dsfg. You can also find pledge forms to keep track of the money you have raised. All forms are printable. When the registration form is complete, please mail the information to :

**BCARC Down Syndrome Family Group
395 South Street
Pittsfield, MA 01201
Attn: Jessica Dennis**

~OR~

**E-Mail the forms to:
jdennis@bcarc.org**

Buddy Walk Route 2011

- Start at Craneville Elementary School
- Take a right onto Park Ave.
- Take a left onto Main St./Route 8
- Continue on Main St., crossing over Flansburg Ave., Curtis Ave., and Central Ave.
- Take a left onto Carson Ave.
- Take a left onto Third Street
- Take a right onto Curtis Ave.
- End at Pinegrove Park

Celebrate at the end with food and festivities!

Registration and Donations

Visit www.bcarc.org/dsfg to download this form!

or

Please complete the form below and mail to:

**BCARC Down Syndrome Family Group
395 South St., Pittsfield, MA 01201**

Walker's name _____

Please Check if Team Leader

Team name (if any) _____

Mailing address _____

City _____ State _____

Zip _____ Phone # _____

E-mail address _____

*Please provide t-shirt size information for you and all the people in your team (if applicable). This will also tell us how many people will be walking on your team. Other team members need not fill out a form. **T-shirts are guaranteed for pre-registered walkers only. Please register by September 12, 2011 to receive a t-shirt. Team captains please check in for your team the morning of the walk.**

Adults

Children

S _____
M _____
L _____
XL _____
XXL _____

S _____
M _____
L _____

DONATIONS and SPONSORS (Walkers will receive separate sheets.)

Name and address: (Please include business name, if applicable.)

Phone: _____ Fax: _____

E-mail: _____

Contributing Sponsor (\$500 +) _____

In Kind Donation:

Supporting Sponsor (\$250 +) _____

Donation: \$ _____